

## Introduction

This survey is about sex, relationships and culture in Scotland. It is aimed at young people aged between 14 and 19. The results of the survey will be used to inform future work with young people on these topics.

The survey is completely anonymous. You do not have to give your name.

None of the questions are about your own personal experiences or behaviour - they are about what you think is happening in your peer groups and your opinions about this and the culture around you.

Some of the questions are about sex, and some are about pornography. There are no images from pornography in the survey, but there are some images from adverts, music videos and so on that may be seen as sexual.

At the end of the survey we have provided a list of organisations and resources if you would like further information.

The survey contains four parts. Please allow at least twenty minutes to complete it.

By continuing, you are giving your consent for this information to be used, anonymously, in any public resources that are produced as part of the research.

The deadline for submission is now Monday 16th September 2013.

## Personal Information

### 1. What is your age?

### 2. In what area of Scotland do you live?

**3. Please answer the following question as honestly as you can or we may not be able to use your answers. You can refer to the glossary of terms at the end if you are unsure about the choices provided.**

### What is your gender?

- Female (including male-to-female trans woman)
- Male (including female-to-male trans man)
- Non-binary (for example, androgyne people, polygender)
- Prefer not to say

### 4. Do you or have you ever identified as transgender?

- Yes
- No

### 5. How would you best describe your sexual orientation?

- Gay/lesbian
- Bisexual
- Heterosexual/straight
- Asexual
- Questioning/Curious
- Don't want to define
- Other
- Prefer not to say

## Part One

### 6. This section asks your views about what your friends and wider peer group think:

**From young peoples point of view, which THREE things from the following list are considered most attractive in a boy?**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> A good personality         | <input type="checkbox"/> Knowing what they want           | <input type="checkbox"/> Sexual experience                 |
| <input type="checkbox"/> Being a good listener      | <input type="checkbox"/> Not taking no for an answer      | <input type="checkbox"/> Being eager to please             |
| <input type="checkbox"/> Being tough                | <input type="checkbox"/> Being caring                     | <input type="checkbox"/> Being honest about their feelings |
| <input type="checkbox"/> Wearing revealing clothing | <input type="checkbox"/> A slim, toned body               | <input type="checkbox"/> Having a lot of money             |
| <input type="checkbox"/> Not being too emotional    | <input type="checkbox"/> Being a flirt                    | <input type="checkbox"/> Intelligence                      |
| <input type="checkbox"/> Being funny                | <input type="checkbox"/> Being sexually adventurous       |  |
| <input type="checkbox"/> Innocence                  | <input type="checkbox"/> Laughing at other people's jokes |  |

**7. From young peoples point of view, which THREE things from the following list are considered most attractive in a girl?**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> A good personality         | <input type="checkbox"/> Knowing what they want           | <input type="checkbox"/> Sexual experience                 |
| <input type="checkbox"/> Being a good listener      | <input type="checkbox"/> Not taking no for an answer      | <input type="checkbox"/> Being eager to please             |
| <input type="checkbox"/> Being tough                | <input type="checkbox"/> Being caring                     | <input type="checkbox"/> Being honest about their feelings |
| <input type="checkbox"/> Wearing revealing clothing | <input type="checkbox"/> A slim, toned body               | <input type="checkbox"/> Having a lot of money             |
| <input type="checkbox"/> Not being too emotional    | <input type="checkbox"/> Being a flirt                    | <input type="checkbox"/> Intelligence                      |
| <input type="checkbox"/> Being funny                | <input type="checkbox"/> Being sexually adventurous       |  |
| <input type="checkbox"/> Innocence                  | <input type="checkbox"/> Laughing at other people's jokes |  |



**10. In a sexual relationship, how important is it for a man to give his partner sexual pleasure?**

- Not at all important
- Somewhat important
- Important
- Very important
- Unsure

Why do you think this is?

**11. In a sexual relationship, how important is it for a woman to give her partner sexual pleasure?**

- Not at all important
- Somewhat important
- Important
- Very important
- Unsure

Why do you think this is?

**12. Who do you think is more interested in sex?**

- Men
- Women
- Both the same
- I'm not sure

Why do you think this is?

## Part Two

Think about these three short scenarios, and decide what would happen.

**13. You are with a group of friends and one of them shows some porn on their phone. In the film, two men are having sex with a woman while slapping her and calling her names. The woman isn't doing anything to stop them OR to encourage them.**

**How do you think the group would respond?**

**14. Ashley, 15, really likes Bri, who is also 15. They flirt a lot, but it never seems to go any further. One of Ashley's friends suggests that Ashley text Bri and asks for a nude picture, to get things moving. Ashley isn't sure and asks a group of friends what they think.**

**What do you think Ashley's friends would say?**

**15. Aisha is 17 years old, and has been seeing her boyfriend for three months. They have had sex, and now he says it's time they had anal sex. Aisha really doesn't want to – she tried it once before with an ex-boyfriend and didn't like it. But her new boyfriend says their sex life is getting boring, and if she doesn't do it he'll have to find someone else. Aisha asks her friends for advice.**

**What do you think Aisha's friends would say?**

**16. Read the following statements and say if you agree, disagree, or are not sure.**

	Agree	Disagree	Not sure
Most adults think people my age shouldn't have sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adults think it's unusual for people my age NOT to be having sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adult men use pornography	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adult women use pornography	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adults think all teenage girls use pornography	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adults think all teenage boys use pornography	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adults think women shouldn't have sex with a lot of different people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most adults think men shouldn't have sex with a lot of different people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being a teenager now is very different from when most adults were teenagers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adults are a good source of information about sex and relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Part Three

YOU HAVE COMPLETED 50% OF THE SURVEY - WELL DONE - PLEASE KEEP GOING  
YOUR CONTRIBUTION IS IMPORTANT TO US.

**(clockwise from top: still from music video for Tip Drill by Nelly; promo article for The Valleys MTV show in Heat magazine; cover of V magazine; American Apparel advert)**



**17. How often do you see images like the ones above?**

- Never
- Hardly ever
- About once a month
- About once a week
- Every day

**18. Which words do you think describe these images best? Choose up to three.**

- |                                    |                                       |                                     |
|------------------------------------|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> sexy/hot  | <input type="checkbox"/> eye-catching | <input type="checkbox"/> arousing   |
| <input type="checkbox"/> boring    | <input type="checkbox"/> upsetting    | <input type="checkbox"/> sad        |
| <input type="checkbox"/> slutty    | <input type="checkbox"/> sexist       | <input type="checkbox"/> inspiring  |
| <input type="checkbox"/> beautiful | <input type="checkbox"/> funny        | <input type="checkbox"/> disgusting |
| <input type="checkbox"/> ordinary  | <input type="checkbox"/> annoying     | <input type="checkbox"/> glamorous  |

Other (please specify)

**19. Why do you think advertisers, musicians and so on might use images like this?**



**20. What do you think pornography is? (Select all that apply.)**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Depictions of sex intended for sexual arousal    | <input type="checkbox"/> Pictures of people actually having sex | <input type="checkbox"/> Made by companies for money                     |
| <input type="checkbox"/> Depictions of sex as part of a broader storyline | <input type="checkbox"/> Film of nude or semi-nude people       | <input type="checkbox"/> Made by individuals or groups of people for fun |
| <input type="checkbox"/> Stories about sex                                | <input type="checkbox"/> Film of people pretending to have sex  | <input type="checkbox"/> Made by adults                                  |
| <input type="checkbox"/> Pictures of nude or semi-nude people             | <input type="checkbox"/> Film of people actually having sex     | <input type="checkbox"/> Made by young people                            |
| <input type="checkbox"/> Pictures of people in sexual poses               | <input type="checkbox"/> Something you pay for                  | <input type="checkbox"/> I'm not sure                                    |
| <input type="checkbox"/> Pictures of people pretending to have sex        | <input type="checkbox"/> Something that is free                 |  |

Other (please specify)

**21. How often do you think most boys your age see porn accidentally? (e.g. shown by a friend, or in a pop-up window)**

- Never
- Hardly ever
- About once a month
- About once a week
- Every day

**22. How often do you think most boys your age see porn deliberately? (e.g. searching the internet for it.)**

- Never
- Hardly ever
- About once a month
- About once a week
- Every day

**23. How often do you think most girls your age see porn accidentally? (e.g. shown by a friend, or in a pop-up window.)**

- Never
- Hardly ever
- About once a month
- About once a week
- Every day

**24. How often do you think most girls your age see porn deliberately? (e.g. searching the internet for it.)**

- Never
- Hardly ever
- About once a month
- About once a week
- Every day

**25. Read the following statements and say if you think most people your age would agree or disagree with them:**

	Most would agree	Most would disagree	It would be about 50:50	I'm not sure
Looking at porn can improve your sex life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking at porn can damage your sex life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking at porn has no effect on your sex life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking at porn can improve your relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking at porn can damage your relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking at porn has no effect on your relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn shows the kind of sex people have in real life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn shows extreme or unusual sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn shows people who are genuinely enjoying themselves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn shows people faking enjoyment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn is sexist towards women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn can be inspiring for women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn is sexist towards men	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn can be inspiring for men	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn stereotypes gay and bisexual people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn can be inspiring for gay and bisexual people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn stereotypes transgender people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Porn can be inspiring for transgender people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most porn shows sex as something aggressive or violent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most porn shows sex as respectful and pleasurable for everyone involved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**26. Do you have any other comments about porn?**

## Part Four

### 27. Where do you think people your age learn about sex and relationships? (Select all that apply.)

- |   |                                      |  |
|---|--------------------------------------|--|
| <input type="checkbox"/> Sex education in school                          | <input type="checkbox"/> Magazines   | <input type="checkbox"/> Older brothers, sisters, cousins etc. |
| <input type="checkbox"/> Sex education out of school e.g. in youth groups | <input type="checkbox"/> Pornography | <input type="checkbox"/> Mums or female carers                 |
| <input type="checkbox"/> Internet searches                                | <input type="checkbox"/> Books       | <input type="checkbox"/> Dads or male carers                   |
| <input type="checkbox"/> TV and films                                     | <input type="checkbox"/> Friends     | <input type="checkbox"/> In sexual relationships               |

Other (please specify)

### 28. This time, please select only one answer: What is the most common way young people learn about sex and relationships?

- |  |                                   |   |
|--|-----------------------------------|---|
| <input type="radio"/> Sex education in school                          | <input type="radio"/> Magazines   | <input type="radio"/> Older brothers, sisters, cousins etc. |
| <input type="radio"/> Sex education out of school e.g. in youth groups | <input type="radio"/> Pornography | <input type="radio"/> Mums or female carers                 |
| <input type="radio"/> Internet searches                                | <input type="radio"/> Books       | <input type="radio"/> Dads or male carers                   |
| <input type="radio"/> TV and films                                     | <input type="radio"/> Friends     | <input type="radio"/> In sexual relationships               |

Other (please specify)

### 29. Which do you think gives the most reliable, useful information? (Select one.)

- |  |                                   |   |
|--|-----------------------------------|---|
| <input type="radio"/> Sex education in school                          | <input type="radio"/> Magazines   | <input type="radio"/> Older brothers, sisters, cousins etc. |
| <input type="radio"/> Sex education out of school e.g. in youth groups | <input type="radio"/> Pornography | <input type="radio"/> Mums or female carers                 |
| <input type="radio"/> Internet searches                                | <input type="radio"/> Books       | <input type="radio"/> Dads or male carers                   |
| <input type="radio"/> TV and films                                     | <input type="radio"/> Friends     | <input type="radio"/> Sexual relationships                  |

Other (please specify)

### 30. In general, do you think there is enough information available for young people on sex and relationships?

- Yes
- No
- I'm not sure

**31. More specifically, is there enough information about:**

	Yes	No	It doesn't matter, it's not an important topic	Not sure
Sexual pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The way media and advertising show sex and relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The way pornography shows sex and relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What healthy relationships are like	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What consent means and how to make sure sex is consenting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**32. Are there any other topics you would like to be able to find more information about?**

## Glossary of Terms

Androgyne - 'non-gender' or 'multi-gender'; not identifying with rigid gender roles.

Asexual - absence of sex or sexuality

Bisexual - sexually attracted to both men and women

Oral sex - sexual activity involving the mouth

Polygender - another term for multi-gender

Stereotype - widely held but oversimplified image about a person or thing

Transgender - Identifying with a gender other than the biological (birth) one.

## Thank You!

Thank you for filling out this survey. Please share the link if you can - we need to hear from as many young people as possible.

If you want to find out more about the issues covered in this survey, or think you might need some support, here are some good places to start.

### Childline

"A private and confidential service for children and young people up to the age of nineteen"

Helpline: 0800 1111

[www.childline.org.uk](http://www.childline.org.uk)

### Pleasure vs. Profit website

"Information and resources for young people on the reality behind the porn fantasy"

[www.pleasurevsprofit.co.uk](http://www.pleasurevsprofit.co.uk)

### Safe Hub

"Information and resources for young people on domestic abuse"

[www.safehubscotland.org](http://www.safehubscotland.org)

### Scarleteen

"Inclusive, comprehensive and smart sexuality information and help for teens and 20s"

<http://www.scarleteen.com/>