#ANY WOMAN ANYWHERE CAMPAIGN

Stand with us to end all violence against #AnyWomanAnywhere

Violence against women is not inevitable

We know that we can prevent this



ORGANISERS

www.zerotolerance.org.uk www.mwrc.org.uk www.summerhall.co.uk www.churchofscotland.org.uk @ZTScotland @AminaMWRC @Summerhallery @churchscotland

#ANYWOMANANYWHERE CAMPAIGN

In celebration of International Women's Day 2019, Zero Tolerance, AMINA The Muslim Women's Resource Centre, The Church of Scotland and Summerhall ask you to join us in our new campaign #AnyWomanAnywhere to increase awareness and understanding of violence against women.

We're hosting a series of events at Summerhall, including a photography exhibition, workshops, talks and film screenings. We're also taking the campaign to the streets with a large scale animation projected on to a building in the Grassmarket, Edinburgh.

In recent years there has been a lot of discussion about women's inequality. Many people may, therefore, think that 'we already have equality'. This stands in contrast to the reality of **significant inequalities that cause violence against women.** This violence affects many women's lives every day and any woman anywhere can be affected.

More than 1 in 3 women experience violence in their lifetime regardless of their backgrounds, social status, sexuality, faith, ethnicity or ability. Both women and men are more likely to experience violence at the hands of men and all of this violence is unacceptable.

This violence isn't always physical and it can take many different forms: psychological, sexual, spiritual, emotional or verbal. It can be: sexual harassment at work, controlling behaviour in a relationship, stalking, online abuse and street harassment. These forms of violence might not cause physical suffering but still cause huge harm to survivors.

STAND WITH US TO END ALL VIOLENCE AGAINST #ANYWOMANANYWHERE

VIOLENCE AGAINST WOMEN IS NOT INEVITABLE

#YOUCANCHANGETHIS, HERE IS HOW:

- Come along to our events and read our #TalkingGender blogs on the Zero Tolerance website to learn more about gender inequality as the cause of violence against women.
- Start #TalkingGender: like, comment and share on Facebook, Twitter and Instagram and have conversations with friends, family, and colleagues change one person's mind and help to change a culture.
- **Donate** to fund our awareness raising work to end violence against women. More information here: www.zerotolerance.org.uk/supportdonate
- **Put up posters** (collect from our events or print out PDF).
- Host the Violence Unseen exhibition at your workplace or organise it at a local library or a community centre (contact jo.zawadzka@zerotolerance.org.uk for more details).
- Send a postcard or E-postcard to your MSP to let them know about the campaign (visit the Zero Tolerance website for details).







If you or someone you know is in immediate danger or in need of urgent protection, call the police on 999.

Police Scotland

999 - Emergency 101 - Non-Emergency

FOR HELPLINE SUPPORT

PLEASE CALL

Scotland's Domestic Abuse & Forced Marriage Helpline

0800 027 1234

Free, confidential, 7 days, 24 hours a day helpline@sdafmh.org.uk (response within 2 days by email)

Respect Phoneline

For anyone who is concerned about their own behaviour towards their partner (male, female, in heterosexual or same-sex relationships)
0808 802 4040, confidential
Monday-Friday 9am-5pm.

Female Genital Mutilation

(FGM) helpline 0800 028 3550 Free, confidential, 7 days, 24 hours a day or at fgmhelp@nspcc.org.uk

Childline

0800 11 11 - Free, confidential, 7 days, 24 hours a day

Rape Crisis Scotland Helpline offers

free and confidential support and information by phone or email. It is for anyone, women and men, affected by sexual violence, no matter when or how it happened. Phone any day between 6pm and midnight on 08088 01 03 02 or if you are deaf or hard of hearing on minicom number 0141 353 3091. We can arrange for language interpreters if your first language is not

AMINA The Muslim Women's Resource Centre Helpline

0808 8010 301 or email TalkToUs@mwrc.org.uk

English.

The Helpline is a listening ear and signposting service for Muslim women across Scotland. Helpline is open Monday to Friday – 10am–4pm for any Muslimidentified women, and on Wednesdays from 6pm–9pm for young Muslim women (ages 16-25).

It is free from mobiles and landlines and will not appear on your phone bill. We can help women in English, Arabic, Punjabi, Urdu. Any other languages can be accessed using a translating service as required.

Zero Tolerance is not able to provide helpline support or legal advice.